



BELVEDERE
INTERNATIONAL SCHOOL

BIS Newsletter

Issue no. 35 | 09th May

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What's on 12 May – 16 May

12-May (Monday)

- GL-Progress Tests (PTE, PTS, PTM) – Actual – Years 4-10
- ABT Assessments (Speaking and Writing) – Years 4-10
- Secondary School Academic Booster Class
- After-School ECA Clubs
- Integrating Career Concepts into the Classroom – Academic Staff
- PEEP Training - All Staff

13-May (Tuesday)

- Nursery Splash Day
- Secondary School Academic Booster Class
- After-School ECA Clubs

14-May (Wednesday)

- Morning Reading Journey for adults near the library
- Nursery Splash Day
- 4th Emergency Fire Drill
- During School ECA Clubs
- Secondary School Academic Booster Class
- After-School ECA Clubs

15-May (Thursday)

- Morning Reading Journey for children near the library
- Nursery Splash Day
- Arabic Calligraphy Workshop
- Spelling Workshop

16-May (Friday)

- Sharing Learning Morning
- Asma' Allah Al-Husna (Beautiful Names of Allah) Competition – All year levels
- National Identity workshop for female students – FS2 to Year 5 and the upper girls sections with mandatory UAE national dress
- Football Tournament – Senior Boys
- Basketball Tournament – Senior Girls

Message from the Principal

Dear Parents,

At BIS, we believe that fostering healthy habits in our children is a shared responsibility—between school and home. One of the growing concerns in Abu Dhabi is the high percentage of individuals who are overweight or obese. This trend poses serious long-term health risks, including hypertension, joint issues, diabetes, and other chronic illnesses. Beyond physical health, being overweight can also impact mental well-being and overall quality of life.

To help combat this, we urge all parents to be mindful of what is packed in their children's lunchboxes. A balanced diet should include:

- Fresh fruits and vegetables
- Healthy sources of protein (e.g., lean meats, eggs, legumes)
- Complex carbohydrates (e.g., whole grains)
- Minimal amounts of saturated fats, salty snacks, and sugary treats

We're proud to share that all food served in our school canteen is **SEHHI-certified**, meaning it meets the health and nutrition standards set by Abu Dhabi authorities. This is one of the ways BIS supports the development of lifelong healthy eating habits among our students.

To reinforce this message, we will continue conducting **random lunchbox checks** and notify parents if we observe unhealthy or unbalanced food choices. Our goal is not to criticize but to guide and support families in making healthier choices.

In addition to good nutrition, **physical activity** is vital. We encourage our students to stay active during break times, PE lessons, and through after-school programs. We also urge parents to promote active lifestyles at home—whether it's a daily walk, indoor exercises, dance, aerobics, or any sport your child enjoys.

Let's work together to ensure our children eat well, move more, and grow up healthy and happy.

Eat healthy. Be active. Live better.

Warm regards,

Israt Dawn

Principal, Belvedere International School



Extra Curricular Activities



Our Cooking and Baking ECA continues to be a huge hit with students, and this term we're adding a delicious new ingredient: Theory!

While our young chefs have been busy mastering practical skills, we'll now be exploring the fascinating principles that underpin culinary success which includes topics like table layout and etiquette, understanding the art of presentation alongside the science of baking. We'll also be exploring food hygiene and basic nutrition related ingredients. This exciting blend of hands-on fun and insightful theory will enrich the students ECA experience!



Learning Activities

Social Work/School Counselor

Did you hear about our stress banishing workshop?

Our amazing staff took a well-deserved dive into the delightful world of stress-busting during Thursday's CPD session! Forget power poses, we were all about the power of the pause. We explored the incredible connection between our breath and our inner zen, discovering how a few mindful inhales and exhales can send stress packing its bags.

But wait, there's more! We also twisted and turned our way to tranquility with some energizing stretches, reminding our bodies that they deserve a little love and movement amidst the hustle. And who knew that letting out a good vocal exercise could be so liberating? From gentle hums to playful sounds, we discovered the stress-releasing power of our own voices.

So, if you happen to notice a slightly more serene and melodious hum around the staff room, you'll know why!



Learning Activities

FS2

This week, the students have been focusing on the 'igh' trigraph, enhancing their reading and writing skills through engaging and creative activities. They utilised finger painting to visually represent the concept of bright lights, reinforcing the 'igh' sound in a tactile and artistic manner.

In Communication, Language, and Literacy sessions, the students concentrated on identifying and using rhyming words. Through junk modeling, they crafted binoculars, which served as a playful tool to "search" for objects that rhyme. This hands-on approach not only made learning enjoyable but also facilitated the application of rhyming words in their sentence construction.

As part of our ongoing learning journey about Space, this week we got dressed up for Space Day! We had lots of fun dressing up as astronauts, aliens and the planet Earth and we even got the chance to meet the school robot, Amal. We have learned so much about the planets, stars, moon and the sun.



Primary

This week, our Year 6 students began their GL assessments, and we are incredibly proud of their hard work and dedication. We also extend our best wishes to our Year 4 and 5 students as they prepare to begin their assessments next week.

Meanwhile, our Year 3 students brought history to life by celebrating Viking Day with a special Viking-themed lunch in their classrooms, enjoyed alongside their teachers and friends. It's wonderful to see students across the school actively engaged in their learning, and we look forward to seeing their continued growth and achievements.



Learning Activities

Secondary School

Over the past two weeks, our secondary students successfully completed their mock GL assessments, showing great focus and determination. This week, they moved on to their official GL Progress Tests, and we are proud of the effort they have shown across all subjects. In addition, we have begun our careers guidance sessions with Year 9 students, engaging them in conversations about future career paths to support them in making informed decisions about their subject choices for next year. These initiatives mark an important step in their academic journey and personal development.



Arabic Department

كان هذا الأسبوع حافلاً بالأنشطة الهادفة والفعاليات التربوية التي ساهمت في تعزيز الهوية الوطنية وتنمية مهارات الطلبة الأكاديمية والثقافية. بدأ الأسبوع بإعلان اسم أول سفير للهوية الوطنية في مدرستنا، وهو الطالب خليفة الكتيبي، وذلك ضمن مبادراتنا لترسيخ مفاهيم المواطنة والانتماء لدى الطلبة، وقد تم تكريمه في طابور الصباح وسط فخر واعتزاز من زملائه ومعلميه. كما نظمت خلال الأسبوع مجموعة من الفعاليات الخاصة بالهوية الوطنية، من أبرزها أنشطة صفية وورش عمل تفاعلية، تناولت القيم الوطنية، والمعالم التاريخية لدولة الإمارات، وأهمية الحفاظ على الموروث الثقافي.

ومن جانب آخر، انطلقت التدريبات المكثفة على مسابقة تحدي القراءة العربي بالتعاون مع معلمي القسم العربي، حيث أبدى الطلبة تفاعلاً كبيراً، وشارك في التصفيات الأولى 10 طلاب متميزين. قدموا أداءً يدل على شغفهم بالقراءة وفهمهم العميق للنصوص.

كما بدأ طلابنا بالاستعداد لاختبارات ABT من خلال التدريب على جميع المواد العربية، وقد ظهر التزام الطلبة وجديتهم في التحضير، استعداداً لتقديم امتحاني التحدث والكتابة الأسبوع المقبل، على أن تستكمل باقي المهارات لاحقاً، إلى جانب مادتي التربية الإسلامية والاجتماعيات.

واختتم الأسبوع بفعالية شيقة لطلاب الصفين الثالث والرابع بعنوان "أنواع الخبر حول العالم"، حيث تحدث الطلبة عن أنواع مختلفة من الخبر من ثقافات متعددة، واستمتعوا بتذوقها في أجواء مليئة بالفرح والحماس.



Learning Activities

Inclusion

Tea Party at the Inclusion Department

The event aimed to enhance social interaction, build relationships, and support an inclusive culture among students, teachers, and staff. Attendees enjoyed a friendly atmosphere, sharing kind conversations over tea and light refreshments, which fostered a spirit of unity and acceptance within the school's inclusive environment. Parents also took part by helping their children create hats with new, different, and innovative designs, adding a creative touch to the event.



Library

It was an exciting and enriching week at our school library, filled with fun, learning, and celebrations of our young readers' achievements.

To honor our top 10 Accelerated Readers for the month of April, we hosted a **special tea party with the Principal**. These outstanding students were recognized for their consistent reading habits, impressive book completions, and dedication to the program. Congratulations to:

• Rahmat Mukhtar	397.9 minutes read (Year 5B)
• Ruqaiyah Siddeek	263 minutes read (Year 5B)
• Saira Asad Ulah Riaz	260.7 minutes read (Year 3B)
• Prince Aron John Alingod	232.3 minutes read (Year 3B)
• Lawida Venter	195.7 minutes read (Year 6R)
• Shahreen Siddeek	187.4 minutes read (Year 3B)
• Rouda Alneyadi	147.3 minutes read (Year 3B)
• Shamsa Alkaabi	140.4 minutes read (Year 3B)
• Ibraheem Ahmed	134.4 minutes read (Year 3B)
• Saif Alkaabi	105.4 minutes read (Year 3B)

Their enthusiasm and commitment are truly commendable! In addition to the celebration, students enjoyed a Cinema Library Day that began with a short episode from the animated series Mansour, which highlighted the importance of libraries and reading. The clip sparked enthusiasm and helped reinforce the library's role as a place of knowledge, exploration, and fun.

Following that, students watched the animated film **The Good Dinosaur**. This heartwarming story about a young dinosaur named Arlo who overcomes fear and forms a special bond with a human boy named Spot captivated the audience. The screening was not only entertaining but also inspired thoughtful discussions on friendship, bravery, personal growth, and finding strength in unexpected friendships.

Younger students from **FS2** also took part in a joyful coloring activity based on the Arabic book Hafilat Saeed (The Happy Bus). Their artwork brought the story to life and encouraged imaginative engagement with literature from an early age. Stay tuned for more exciting library events coming soon!



Learning Activities

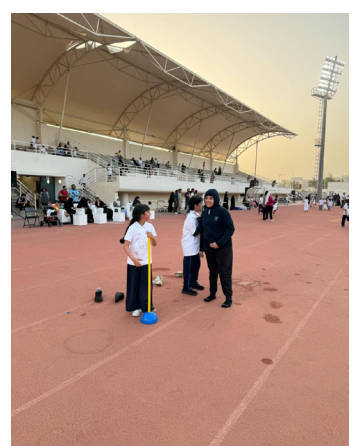
PE

Abu Dhabi Athletic Club Festival

Students from Belvedere International School participated in the Abu Dhabi Athletic Club Festival in Al Ain, organised by the Ministry of Education (POD Club). They took part in a variety of athletic games, developing key aspects of physical literacy such as movement confidence, teamwork, and resilience. The event also reinforced core UAE values including respect, unity, and national pride, all within a fun and inclusive environment.

Student Achievement Spotlight – Sultan Abdulaziz Alketbi

We are proud to celebrate Sultan Abdulaziz Alketbi from Belvedere International School for his outstanding performance in the Khaled bin Mohamed bin Zayed Jiu-Jitsu Championship, where he secured third place and earned a bronze medal while representing Al Ain Jiu-Jitsu Club. Sultan's dedication, discipline, and sportsmanship are a reflection of the UAE values of excellence, perseverance, and national pride. His achievement serves as an inspiration to all students, showcasing the power of hard work and commitment.



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